

Resources: Helps for Mental Health*

Books

Simonetta Carr, *Broken Pieces and the God Who Mends Them: Schizophrenia Through a Mother's Eyes* (P&R Publishing, Phillipsburg, NJ, 2019).

Joan Becker, *The Mark Becker Story - Sentenced to Life: Mental Illness, Tragedy, and Transformation* (Credo House Publishers, 2015)

Ed Welch, *Blame It on the Brain?* (P&R Publishing, Phillipsburg, NJ, 1998)

Michael Emlet, *Descriptions and Prescriptions: A Biblical Perspective on Psychiatric Diagnoses and Medications* (New Growth Press, Greensboro, NC, 2017)

Links and Articles (from Simonetta Carr)

A Christian's Guide to Mental Illness: Answers to 30 Common Questions

<https://a.co/d/0j4TA3Tb>

<https://www.modernreformation.org/resources/essays/sin-and-mental-illness>

<https://www.modernreformation.org/resources/essays/mental-illness-and-demonic-activity>

<https://www.modernreformation.org/resources/articles/in-health-and-in-mental-illness>

Organizations

National Alliance on Mental Health, <https://www.nami.org/> [NAMI]

NAMI, Black Hawk County, IA: <https://namibh7.wixsite.com/website> (limited copies of some of NAMI Black Hawk County's literature is available on the book table)

Counseling/Therapy

Pella Counseling

Pella, IA

<https://www.pellacounseling.com/>

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